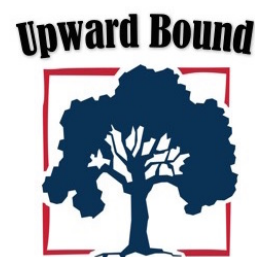


Dear Parent(s)/Student,

Thank you for your interest in the **Upward Bound (UB) program** at American River College. UB is a project funded by the U.S. Department of Education and is administered by American River College (ARC). The purpose of this project is to encourage low-income and potential first-generation college students to complete high school and go on to college.



American River College

**The students applying for the American River College Upward Bound Program must meet the following criteria:**

1. Must be a U.S. Citizen or Permanent Resident or in the process of becoming a resident.
2. Must be First Generation (Neither parent has a BA/BS or 4yr. college degree in the United States).
3. Family's **Taxable Income** must meet Federal TRIO Low-Income levels or family receives federal or state assistance such as food stamps, free lunch, AFDC, Cal-Works, Section 8, etc.

FEDERAL TRIO PROGRAMS  
**CURRENT-TAXABLE INCOME LEVELS**

Size of Family Unit	Contiguous States, D.C., and outlying jurisdictions	Size of Family Unit	Contiguous States, D.C., and outlying jurisdictions
1	\$20,385	5	\$48,705
2	\$27,465	6	\$55,785
3	\$34,545	7	\$62,865
4	\$41,625	8	\$69,945

For family units with more than eight members, add the following amount for each additional family member: **\$7,080** for the 48 contiguous states, the District of Columbia and outlying jurisdictions.

Upward Bound will provide participants with a variety of **FREE** educational, cultural, and social programs listed below at target schools, American River College, and local college campus:

- College Preparation Activities
- Tutoring
- Test Preparation – SAT/ACT
- Academic, financial, and career guidance
- Career exploration and aptitude assessment
- College Visits
- Social and Cultural Activities
- Monthly Saturday Academy (**Mandatory**)
- Six-week summer Program (**Mandatory**)
- Workshops for the parents of participants
- Personal one-on-one support from trained Upward Bound professionals

**Please use this section as the application checklist and return the following:**

- ☐ Application
- ☐ Updated Transcript
- ☐ **Copy of Income Verification: (2021 Tax Forms or Public assistance documentation, food stamps, free lunch, AFDC, Cal-Works, or Section 8)**

It is essential that all forms be completed accurately before they are returned to the Upward Bound Program. Once your application is complete, we will review it and if student qualifies we will arrange for a personal interview with you and your parent(s)/guardian(s). Thank you for your interest in the American River College Upward Bound Program. If you have any questions, please contact our office at 916-485-6023.

EMAIL APPLICATIONS AT:

Inderkum High School-Ms. Maricela juarezm@arc.losrios.edu  
Center High School-Ms. Grana safib@arc.losrios.edu

Inderkum High School- ARC Natomas Center-Charging Room (2<sup>nd</sup> level)  
**AMERICAN RIVER COLLEGE UPWARD BOUND APPLICATION**

**STEP 1: Student Section: (PRINT IN BLUE OR BLACK INK)**

### Check One:

☐ **Inderkum High School**

☐ **Center High School**

Student's					
Name:		First Name.	Middle Name.	Last Name	
Address:				<input type="checkbox"/> US Citizen	
City:				<input type="checkbox"/> Permanent Resident	
Zip Code:				I-555#: _____	
Cell Phone #:				<input type="checkbox"/> Other – Explain: _____	
Age:					
Email Address:					
Date of Birth		Birthplace	Social Security #	Gender	Pronouns
Weighted GPA.		Unweighted GPA	Grade	Graduation Year	
<b>Demographic Information</b> With regards to your ethnicity, please select below one of more of the following that apply to you:					
<input type="checkbox"/> American Indian/Alaskan Native		<input type="checkbox"/> Black or African American		<input type="checkbox"/> White	
<input type="checkbox"/> Asian		<input type="checkbox"/> Native Hawaiian or Other Pacific Islander.		<input type="checkbox"/> Latinx	
<input type="checkbox"/> Other: _____					

What languages are spoken in your home? \_\_\_\_\_

List the people who live with you at home:

[illegible]

Do you reside with your ☐ Mother ☐ Father ☐ Both ☐ Guardian ☐ Other: \_\_\_\_\_

Are you the first one in your family to go to college? ☐ YES ☐ NO

Have you or any of your siblings been enrolled in an Upward Bound Program? ☐ Yes ☐ No

If yes, who? \_\_\_\_\_ Where/when? \_\_\_\_\_

Are you or any of your siblings in another outreach program? (ETS, CECA, etc.) ☐ Yes ☐ No

If yes, who? \_\_\_\_\_ Which program(s)? \_\_\_\_\_

☐ Low Income    ☐ Over Income    ☐ First Generation    ☐ Citizen/Resident    ☐ Target School    ☐ Grade Level

## STEP 2: PARENT OR GUARDIAN INFORMATION

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Occupation & Employer: \_\_\_\_\_

Education Level & Location of degree  
\_\_\_\_\_

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_

Phone: \_\_\_\_\_

Email: \_\_\_\_\_

Occupation & Employer: \_\_\_\_\_

Education Level & Location of degree  
\_\_\_\_\_

## STEP 3: ELIGIBILITY AND VERIFICATION

YES NO

Is the student in foster care or a ward of the court?

☐ ☐

Is the student less than 18 years of age and an orphan with no legal guardian?

☐ ☐

Has a school representative or other agency determined student to be an unaccompanied youth who is homeless?

☐ ☐

*The personal information you give on the Upward Bound application is protected by the Federal Privacy Act. The information is required by the U.S. Department of Education to determine eligibility. Additionally, the Department of Education has authority (20US 1231a) to gather information on all Upward Bound participants to monitor their progress. No one may see any information unless they work with or for the program or are specifically authorized to see the information. Individuals who violate the privacy act shall be subject to a fine of not more than \$1000 or imprisonment not more than one year, or both, and shall be removed from employment (Title 28, Section 1905 USC).*

## STEP 4: INCOME VERIFICATION

**TOTAL Number** of people in your household: \_\_\_\_\_

### **Documentation of Low Income Eligibly (need at least one):**

- ☐ **Copy** of 2021 Tax Forms
  - My family's TAXABLE INCOME: \_\_ \_\_, \_\_\_\_\_ (Refer to Tax Return Form 1040, line 10)
- ☐ **Copy** of Public assistance documentation, food stamps, free lunch, AFDC, Cal-Works, or Section 8
- ☐ My family had NO TAXABLE income during the last calendar year or was NOT REQUIRED to file taxes.
  - My family income is: \_\_ \_\_, \_\_ \_\_. \_\_

## STEP 5: AFFIDAVIT OF TRUTH STATEMENT

In accordance with the TRiO/UB eligibility requirements set forth by the United States Department of Education, I hereby certify attest under penalty of perjury that above statement of family income for the year specified is true and correct.

**Parent/Guardian Signature:** \_\_\_\_\_

**Student Signature:** \_\_\_\_\_

**AMERICAN RIVER COLLEGE UPWARD BOUND APPLICATION – Personal Statement**

***Last Name***

**First Name**

***Middle Name***

*We want to know who you are! Please answer the following questions in detail:  
What is the most significant challenge you have faced and what steps did you take to overcome this challenge?*

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

*Upward Bound is committed to making sure that you are successful in high school. Please describe how you have been committed to your success and what you will do to complete the requirements for UB.*

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and extend across the width of the page. There are no margins, text, or other markings on the paper.

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**Student's Printed Name**

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**Student's Signature**

**Incomplete or unsigned applications will be returned for completion before being considered for enrollment.**

# STUDENT NEEDS ASSESSMENT

## ACADEMIC NEEDS

	Strong Need	Some Need	No Need
1. To Learn how to complete and turn in my homework on time	1	2	3
2. To learn about high school graduation requirements	1	2	3
3. To take tests better and with less anxiety	1	2	3
4. To organize my time, activities and responsibilities better	1	2	3
5. To learn more about high school requirements for college	1	2	3
6. To learn how to study and take better notes in class	1	2	3
7. To identify, set and evaluate goals for the future	1	2	3
8. To help with achieving/maintaining a 2.7 GPA while in High School	1	2	3

## PERSONAL NEEDS

	Strong Need	Some Need	No Need
1. To learn how to better understand my parents and other adults	1	2	3
2. To learn how to deal with conflict in a positive manner	1	2	3
3. To learn how to embrace diversity	1	2	3

## CAREER AND POSTSECONDARY NEEDS

	Strong Need	Some Need	No Need
To explore a variety of career opportunities	1	2	3
To learn more about job applications, resumes, and interviews	1	2	3
To learn more about the postsecondary admissions process	1	2	3
To prepare for exams like the PSAT, ACT or SAT	1	2	3
To learn more about college costs and how to pay for college	1	2	3
Help with completing college/university admissions applications	1	2	3
To visit more colleges/universities	1	2	3

## Plans after High School to attend:

☐ *University of California (UC)*
☐ *California State University (CSU)*
☐ *Community College*  
☐ *Private:* \_\_\_\_\_
 ☐ *Out of State:* \_\_\_\_\_

## Education Goal

☐ *BA/BS*
☐ *5 MA/MS*
☐ *Ph.D/Ed.D*
☐ *Undecided*

In college, I plan to major in: \_\_\_\_\_

Career Goal: \_\_\_\_\_

## Two Careers I am interest in learning about are

1. \_\_\_\_\_ 2. \_\_\_\_\_

## Two Colleges/Universities I would like to visit:

1. \_\_\_\_\_ 2. \_\_\_\_\_

## Two College/Universities I would like to attend once I graduate from High School:

1. \_\_\_\_\_ 2. \_\_\_\_\_