

Dear Parent(s)/Student,

Thank you for your interest in the **Upward Bound (UB) program** at American River College. UB is a project funded by the U.S. Department of Education and is administered by American River College (ARC). The purpose of this project is to encourage low-income and potential first-generation college students to complete high school and go on to college.



The students applying for the American River College Upward Bound Program must meet the following criteria:

1. Must be a U.S. Citizen or Permanent Resident or in the process of becoming a resident.
2. Must be First Generation (Neither parent has a BA/BS or 4yr. college degree in the United States).
3. Family's **Taxable Income** must meet Federal TRIO Low-Income levels or family receives federal or state assistance such as food stamps, free lunch, AFDC, Cal-Works, Section 8, etc.

FEDERAL TRIO PROGRAMS
CURRENT-TAXABLE INCOME LEVELS

Size of Family Unit	Contiguous States, D.C., and outlying jurisdictions	Size of Family Unit	Contiguous States, D.C., and outlying jurisdictions
1	\$18,735	5	\$45,255
2	\$25,365	6	\$51,885
3	\$31,995	7	\$58,515
4	\$38,625	8	\$65,145

For family units with more than eight members, add the following amount for each additional family member: **\$6,630** for the 48 contiguous states, the District of Columbia and outlying jurisdictions.

Upward Bound will provide participants with a variety of **FREE** educational, cultural, and social programs listed below at target schools, American River College, and local college campus:

- College Preparation Activities
- Tutoring
- Test Preparation – SAT/ACT
- Academic, financial, and career guidance
- Career exploration and aptitude assessment
- College Visits
- Social and Cultural Activities
- Monthly Saturday Academy (**Mandatory**)
- Six-week summer Program (**Mandatory**)
- Workshops for the parents of participants
- Personal one-on-one support from trained Upward Bound professionals

Please use this section as the application checklist and return the following:

- Application
- Updated Transcript
- Copy of Income Verification: (2019 Tax Forms or Public assistance documentation, food stamps, free lunch, AFDC, Cal-Works, or Section 8)**

It is essential that all forms be completed accurately before they are returned to the Upward Bound Program. Once your application is complete, we will review it and if student qualifies we will arrange for a personal interview with you and your parent(s)/guardian(s). Thank you for your interest in the American River College Upward Bound Program. If you have any questions, please contact our office at 916-485-6023

DROP OFF APPLICATIONS OR MEET WITH OUR UB STAFF AT:

Tuesday-Thursday 9:00 am-5:00 pm
Center High School-Room 701

Inderkum High School- ARC Natomas Center-Charging Room (2nd level)
AMERICAN RIVER COLLEGE UPWARD BOUND APPLICATION

STEP 1: Student Section: (PRINT IN BLUE OR BLACK INK)

Check One: **Inderkum High School** **Center High School**

Student's				
Name:		_____	_____	_____
	First Name.	Middle Name.	Last Name	
Address:		_____		<input type="checkbox"/> US Citizen
City:		_____		<input type="checkbox"/> Permanent Resident
Zip Code:		_____		I-555#: _____
Cell Phone #:		_____		<input type="checkbox"/> Other – Explain: _____
Age:		_____		
Email Address:		_____		
Date of Birth	Birthplace	Social Security #	Gender	Pronouns
_____	_____	_____	_____	_____
Weighted GPA.	Unweighted GPA	Grade	Graduation Year	
_____	_____	_____	_____	
Demographic Information				
With regards to your ethnicity, please select below one of more of the following that apply to you:				
<input type="checkbox"/> American Indian/Alaskan Native	<input type="checkbox"/> Black or African American	<input type="checkbox"/> White		
<input type="checkbox"/> Asian	<input type="checkbox"/> Native Hawaiian or Other Pacific Islander.	<input type="checkbox"/> Latinx		
<input type="checkbox"/> Other: _____				

What languages are spoken in your home? _____

List the people who live with you at home:

Name	Relation to you	Age
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Do you reside with your <input type="checkbox"/> Mother <input type="checkbox"/> Father <input type="checkbox"/> Both <input type="checkbox"/> Guardian <input type="checkbox"/> Other: _____	
Are you the first one in your family to go to college? <input type="checkbox"/> YES <input type="checkbox"/> NO	
Have you or any of your siblings been enrolled in an Upward Bound Program?	<input type="checkbox"/> Yes <input type="checkbox"/> No
If yes, who? _____	Where/when? _____
Are you or any of your siblings in another outreach program? (ETS, CECA, etc.) <input type="checkbox"/> Yes <input type="checkbox"/> No	
If yes, who? _____	Which program(s)? _____

Low Income Over Income First Generation Citizen/Resident Target School Grade Level

STEP 2: PARENT OR GUARDIAN INFORMATION

Name: _____
Relationship: _____
Phone: _____
Email: _____
Occupation & Employer: _____

Education Level & Location of degree

Name: _____
Relationship: _____
Phone: _____
Email: _____
Occupation & Employer: _____

Education Level & Location of degree

STEP 3: ELIGIBILITY AND VERIFICATION

	YES	NO
Is the student in foster care or a ward of the court?	<input type="checkbox"/>	<input type="checkbox"/>
Is the student less than 18 years of age and an orphan with no legal guardian?	<input type="checkbox"/>	<input type="checkbox"/>
Has a school representative or other agency determined student to be an unaccompanied youth who is homeless?	<input type="checkbox"/>	<input type="checkbox"/>

The personal information you give on the Upward Bound application is protected by the Federal Privacy Act. The information is required by the U.S. Department of Education to determine eligibility. Additionally, the Department of Education has authority (20US 1231a) to gather information on all Upward Bound participants to monitor their progress. No one may see any information unless they work with or for the program or are specifically authorized to see the information. Individuals who violate the privacy act shall be subject to a fine of not more than \$1000 or imprisonment not more than one year, or both, and shall be removed from employment (Title 28, Section 1905 USC).

STEP 4: INCOME VERIFICATION

TOTAL Number of people in your household: _____

Documentation of Low Income Eligibly (need at least one):

- Copy** of 2019 Tax Forms
 - o My family’s TAXABLE INCOME: __ __, _____ (Refer to Tax Return Form 1040, line 10)
- Copy** of Public assistance documentation, food stamps, free lunch, AFDC, Cal-Works, or Section 8
- My family had **NO TAXABLE** income during the last calendar year or was **NOT REQUIRED** to file taxes.
 - My family income is: __ __, __ __. __

STEP 5: AFFIDAVIT OF TRUTH STATEMENT

In accordance with the TRiO/UB eligibility requirements set forth by the United States Department of Education, I hereby certify attest under penalty of perjury that above statement of family income for the year specified is true and correct.

Parent/Guardian Signature: _____

Student Signature: _____

STUDENT NEEDS ASSESSMENT

ACADEMIC NEEDS

	Strong Need	Some Need	No Need
1. To Learn how to complete and turn in my homework on time	1	2	3
2. To learn about high school graduation requirements	1	2	3
3. To take tests better and with less anxiety	1	2	3
4. To organize my time, activities and responsibilities better	1	2	3
5. To learn more about high school requirements for college	1	2	3
6. To learn how to study and take better notes in class	1	2	3
7. To identify, set and evaluate goals for the future	1	2	3
8. To help with achieving/maintaining a 2.7 GPA while in High School	1	2	3

PERSONAL NEEDS

	Strong Need	Some Need	No Need
1. To learn how to better understand my parents and other adults	1	2	3
2. To learn how to deal with conflict in a positive manner	1	2	3
3. To learn how to embrace diversity	1	2	3

CAREER AND POSTSECONDARY NEEDS

	Strong Need	Some Need	No Need
To explore a variety of career opportunities	1	2	3
To learn more about job applications, resumes, and interviews	1	2	3
To learn more about the postsecondary admissions process	1	2	3
To prepare for exams like the PSAT, ACT or SAT	1	2	3
To learn more about college costs and how to pay for college	1	2	3
Help with completing college/university admissions applications	1	2	3
To visit more colleges/universities	1	2	3

Plans after High School to attend:

- University of California (UC)*
 California State University (CSU)
 Community College
 Private: _____
 Out of State: _____

Education Goal

- BA/BS*
 5 *MA/MS*
 Ph.D/Ed.D
 Undecided

In college, I plan to major in: _____

Career Goal: _____

Two Careers I am interest in learning about are

1. _____ 2. _____

Two Colleges/Universities I would like to visit:

1. _____ 2. _____

Two College/Universities I would like to attend once I graduate from High School:

1. _____ 2. _____