Back On Track II
Readmission at American River College

You have been dismissed before and you would like to come back? These are your steps to readmission.

WHAT DOES MY DISMISSAL STATUS MEAN SINCE I HAVE BEEN DISMISSED IN THE PAST?

ARC requires students to sit out one semester after they are academically dismissed so you are blocked from future enrollment at any Los Rios College until you are approved for readmission. You are eligible to return even though you have been dismissed in the past.

HOW DID I END UP ON DISMISSAL?

Students are placed on Academic Dismissal when their overall ARC GPA is below a 2.0 for three semesters. Students are placed on Progress Dismissal when 50% or more of their total courses at ARC have grades of W, I, or NP for 3 semesters.

WHAT DO I NEED TO DO TO RETURN TO SCHOOL?

All students must complete the items on this Back on Track Checklist to come back to ARC.

☐ Reapply to ARC by completing the online application.
☐ Sign up for a Back on Track workshop online and attend it.
☐ Complete a Statement of Circumstances. You will learn valuable information about responding to the following writing prompts in the workshop:

1) Your academic performance or progress has not been satisfactory during past semesters. What changes did you make after your first dismissal? What worked and what didn’t work?
2) What will be different if you are readmitted this time? Focus on the circumstances that have changed as well as changes in your habits, choices, and perspective. Be specific.

☐ Schedule an appointment with a counselor—after attending the workshop. Bring your Statement of Circumstances to the appointment. DSPS, EOPS, athletes, veterans and CalWORKs students should schedule an appointment with a counselor in your program.
☐ Follow the requirements on your Back on Track II Plan. You will create this plan with your counselor during your appointment. You will complete the steps outlined in your plan during the semester you are readmitted.
☐ Attend a follow up counseling meeting. You will have a chance to review your progress and adjust your strategies with your counselor.

WHY DO STUDENTS HAVE TO DO THIS?

This is your college. You belong here. The Back on Track process; sitting out for a semester, attending the workshop, and the Back on Track Plan are all designed to help you identify ways you can improve your academic performance. We use the reinstatement process to offer you the opportunity to identify what led to your academic difficulty and specific strategies that can turn things around.

WHAT IF I HAVE MORE QUESTIONS?

Call us at 916.484.8572 or come into the Counseling Center.