

# IMPACT WEAPONS INSTRUCTOR

## COURSE DESCRIPTION

This California Commission on Peace Officer Standards and Training (POST) - certified course provides students with the skills and knowledge to provide instruction for the use of impact weapons in the public safety environment.

Topics include legal issues and points of authority in the use of force; POST expanded course outlines and lesson plans; preparing for physical skills instruction; injury prevention and the proper use of training equipment; documentation requirements related to the use of impact weapons; reviewing impact weapon strike zones, striking techniques, and katas; reviewing impact weapon blocking techniques and katas; retaining and controlling impact weapons; and evaluating student performance. Pass/No Pass only.

Upon successful completion of this course, all students will receive 1.5 units and a digital SRPSTC Certificate of Completion.

## COURSE DETAILS

### PREREQUISITES

PSTC 1683 and POST Basic Academy

### COURSE DATES & LOCATIONS

<https://srpstc.arc.losrios.edu/reservations/calendarbymonth.asp>

### HOURS

8:00 a.m. – 5:00 p.m.

### CREDIT

One and one-half (1.5) units through American River College

### NOTES

Students are strongly encouraged to arrive on time in order to complete the registration process and avoid impeding instructional time. Late students who miss this process will not be allowed to attend the course.

### RESERVATIONS

To confirm whether there are openings in a class, please call (916) 570-5000 or email [srpstc@arc.losrios.edu](mailto:srpstc@arc.losrios.edu). We no longer accept TBA / reservations without names

### IMPORTANT

**MATERIALS NEEDED:** Students are required to bring agency issued impact weapon, tape for hands and/or workout gloves, notebook, pen, sweats and tennis shoes.

This is a physically demanding course and participants should be in good physical condition. Participants with prior injuries should be cleared by their agency physician for intense physical activity. Protective equipment is provided. Participants who are unable to fully participate in this physically demanding course will be dismissed from the class.

### ENROLLMENT

Students must 1) Be free of felony convictions; 2) possess a valid California Driver's License; 3) undergo a fingerprint and criminal history check; 4) be a minimum of 18 years of age; 5) be a United States high school graduate; pass the GED, pass the California High School Proficiency Examination, or have attained a two-year or four-year degree from an accredited college or university; and 6) complete a medical suitability examination.

To Register: Everyone must complete a Course Registration Form. Students are also required to complete the mandatory college enrollment process prior to enrolling in class.

Mandatory College Enrollment Instructions to obtain your Los Rios Student ID# (SID#):

1. Please click on the following link: <https://www.openccapply.net/ccapply-welcome?cccMisCode=231>
2. If you are new to the CCCApply website, please create an account. If you are returning, please log in with your username and password.
3. Once you're done creating an account or signing in, click on "start a new application".
4. When you get to the confirmation page, please save your eight-digit CCCApply confirmation number.
5. Please list your SID # on the Course Registration Form.

<https://arc.losrios.edu/academics/sacramento-regional-public-safety-training-center-office/srpstc-course-registration-form>

6. Contact us at (916) 570-5000 or [srpstc@arc.losrios.edu](mailto:srpstc@arc.losrios.edu) with any questions.

### CERTIFICATION

P.O.S.T. Plan II #: 2970-21265; STC #218-7947

### 2026 TOTAL FEE

## \$107.00

Enrollment Fee	\$69.00
Material Fee	\$36.00
SRF Fee	\$2.00

*(No SRF fee for summer courses)*

Students who have not established legal residence in CA are required to pay additional tuition and fees. Payment for non-resident tuition must be paid at the time of registration.

**ALL FEES SUBJECT TO CHANGE**



## SACRAMENTO REGIONAL PUBLIC SAFETY TRAINING CENTER

5146 Arnold Ave., McClellan, CA 95652 • Phone: (916) 570-5000 • FAX: (916) 570-5023

[SRPSTC@arc.losrios.edu](mailto:SRPSTC@arc.losrios.edu) • [ARC.LOSRIOS.EDU/RPSTC-OFFICE](https://arc.losrios.edu/rpstc-office)

AMERICAN RIVER COLLEGE • LOS RIOS COMMUNITY COLLEGE DISTRICT