



# SACRAMENTO REGIONAL PUBLIC SAFETY TRAINING CENTER

AMERICAN RIVER COLLEGE – LOS RIOS COMMUNITY COLLEGE DISTRICT

5146 Arnold Ave., McClellan, CA 95652

916-570-5000 (phone) 916-570-5023 (fax)

[srcjtc@arc.losrios.edu](mailto:srcjtc@arc.losrios.edu) (e-mail) <http://www.arc.losrios.edu/safety> (web site)



## ARREST & CONTROL INSTRUCTOR

### COURSE DESCRIPTION:

This 80-hour course introduces students to the requisite skills and knowledge to provide arrest and control instruction in State of California Commission on Peace Officer Standards and Training (POST) certified law enforcement and/or State of California Board of State and Community Corrections Standard and Training for Corrections (STC) certified correctional environments. Instruction is provided in the areas of arrest and control, liability issues for police and corrections, health and safety precautions for instructing manipulative skills, safe and effective application of control holds, take-down maneuvers, and ground fighting. Pass/No Pass only.

***Important Note:*** *Students are strongly encouraged to arrive on time in order to complete the registration process and avoid impeding instructional time. Late students who miss this process will not be allowed to attend the course.*

### ENROLLMENT LIMITATION:

Students must 1) Be free of felony convictions; 2) possess a valid California Driver's License; 3) undergo a fingerprint and criminal history check; 4) be a minimum of 18 years of age; 5) be a United States high school graduate; pass the GED, pass the California High School Proficiency Examination, or have attained a two-year or four-year degree from an accredited college or university; and 6) complete a medical suitability examination.

### PREREQUISITES:

State of California Commission on Peace Officer Standards and Training (POST) certified basic law enforcement academy or equivalent as determined by the Dean of Academy Instruction. NOTE: Approval of equivalent training is not a guarantee that the state regulatory or licensing agencies will also grant equivalency.

### MATERIALS NEEDED:

Gym clothes, notebook, pen, and non-marking gym shoes

### COURSE DATES & LOCATION:

Please click on link below to see current course dates and locations.  
<https://apps.arc.losrios.edu/SRPSTC/reports/calendarbymonth.asp>

### HOURS:

8:00 a.m. – 5:00 p.m.

### CREDIT:

One and one-quarter (1.25) units through [American River College](#)

### RESERVATIONS:

To confirm whether there are any openings in a class, call 916-570-5000 or e-mail [srcjtc@arc.losrios.edu](mailto:srcjtc@arc.losrios.edu)

***Note:*** *We no longer accept TBA / reservations without names*

### IMPORTANT:

***\*To register in a class:*** ***Everyone*** must complete a [Course Reservation and Payment Form](#)

(On our website on the Forms page) and fax (916.570.5023) or scan/email it to this office at [srcjtc@arc.losrios.edu](mailto:srcjtc@arc.losrios.edu)

Students are also required to complete the mandatory college enrollment process prior to the first day of class to ensure they are current in the college system.

**\*Mandatory College Enrollment procedure is outlined below:**

### **2024 TOTAL FEE: \$85.50**

\$57.50 Enrollment fee

\$26.00 Material fee

\$2.00 SRF fee

*(No SRF fee for Summer courses)*

\* Students who have not established legal residence in CA are required to pay additional tuition and fees. Payment for non-resident tuition must be paid at the time of registration.

***All Fees Subject to Change***



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## ARREST & CONTROL INSTRUCTOR

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**ENROLLMENT:** \*Mandatory College Enrollment Instructions / to obtain your college Student ID# (SID#):

- a) Please click on the following link: [http://www.losrios.edu/lrc/lrc\\_app.php](http://www.losrios.edu/lrc/lrc_app.php)
- b) Please click on "Apply to American River College"
- c) If you are new to the OpenCCC website, you will need to create an account. Please write down your username and password as you may need it in the future. If you are a returning user, please log in with your username and password
- d) Once you're done creating an account or signing in, click on "start a new application"
- e) This will take you to the application you need to complete in order to obtain your Student ID#
- f) Contact us at (916) 570-5000 or [srcjtc@arc.losrios.edu](mailto:srcjtc@arc.losrios.edu) with your SID# prior to the first day of class

**IMPORTANT:** Please be sure to fill out the date in the box that says "When did you start your present stay in California?" If you were born in California, please enter your date of birth. Leaving it blank on the application for admissions will automatically make you an out of state resident and you will be charged out of state tuition fees

*\*Save each page as you complete it so all of the information that you have entered will be saved in case you are timed out*

***Student Identification number is required prior to registration***

**CERTIFICATION:** P.O.S.T. Plan II #2970-20795 and S.T.C. #218-8086 (Weaponless Defense Instructor)