

# ARREST & CONTROL INSTRUCTOR - UPDATE

## COURSE DESCRIPTION

Arrest and Control Instructor - Update: This course provides weaponless defense instructors with updates in techniques, tactics, and legal issues in contemporary policing. Topics include legal updates, control holds, take-downs, arrest tactics, searches, handcuffing, ground control, and expert witness testimony. Pass/No Pass only.

Because this course is designed to provide practical hands on training in police tactics and weapon usage, participants in this course will engage in physically demanding classroom training exercises that include a risk of injury to the participants.

Upon successful completion of this course, all students will receive .25 units and a digital SRPSTC Certificate of Completion. In-service peace officers may also be eligible for CA POST/STC credit, depending on agency requirements.

## COURSE DETAILS

### PREREQUISITES

PSTC 1602 (Arrest and Control Instructor)

### HOURS

8:00 a.m. – 5:00 p.m.

### COURSE DATES & LOCATIONS

<https://srpstc.arc.losrios.edu/reservations/calendarbymonth.asp>

### CREDIT

One-quarter (0.25) unit through American River College

### NOTES

Students are strongly encouraged to arrive on time in order to complete the registration process and avoid impeding instructional time. Late students who miss this process will not be allowed to attend the course.

### RESERVATIONS

To confirm whether there are openings in a class, please call (916) 570-5000 or email [srpstc@arc.losrios.edu](mailto:srpstc@arc.losrios.edu)  
We no longer accept TBA / reservations without names.

### IMPORTANT

Materials Needed: Gym clothes, notebook, pen, and non-marking gym shoes

### ENROLLMENT

Students must 1) Be free of felony convictions; 2) possess a valid California Driver's License; 3) undergo a fingerprint and criminal history check; 4) be a minimum of 18 years of age; 5) be a United States high school graduate; pass the GED, pass the California High School Proficiency Examination, or have attained a two-year or four-year degree from an accredited college or university; and 6) complete a medical suitability examination.

To Register: Everyone must complete a Course Registration Form. Students are also required to complete the mandatory college enrollment process prior to enrolling in class.

Mandatory College Enrollment Instructions to obtain your Los Rios Student ID# (SID#):

1. Please click on the following link: <https://www.opencccapply.net/ccapply-welcome?cccMisCode=231>
2. If you are new to the CCCApply website, please create an account. If you are returning, please log in with your username and password.
3. Once you're done creating an account or signing in, click on "start a new application".
4. When you get to the confirmation page, please save your eight-digit CCCApply confirmation number.
5. Please list your SID # on the Course Registration Form.
6. Contact us at (916) 570-5000 or [srpstc@arc.losrios.edu](mailto:srpstc@arc.losrios.edu) with any questions.

### CERTIFICATION

P.O.S.T. Plan II #2970-20895; STC # 218-51363

### 2026 TOTAL FEE

## \$29.50

Enrollment Fee            \$11.50

Material Fee            \$16.00

SRF Fee            \$2.00

*(No SRF fee for summer courses)*

Students who have not established legal residence in CA are required to pay additional tuition and fees. Payment for non-resident tuition must be paid at the time of registration.

**ALL FEES SUBJECT TO CHANGE**



## SACRAMENTO REGIONAL PUBLIC SAFETY TRAINING CENTER

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