



SACRAMENTO REGIONAL PUBLIC SAFETY TRAINING CENTER

AMERICAN RIVER COLLEGE – LOS RIOS COMMUNITY COLLEGE DISTRICT

5146 Arnold Ave., McClellan, CA 95652

916-570-5000 (phone) 916-570-5023 (fax)

srcjtc@arc.losrios.edu (e-mail) <http://www.arc.losrios.edu/safety> (web site)

ARREST AND CONTROL INSTRUCTOR-UPDATE



COURSE DESCRIPTION:

Arrest and Control Instructor-Update: This course provides weaponless defense instructors with updates in techniques, tactics, and legal issues in contemporary policing. Topics include legal updates, control holds, take-downs, arrest tactics, searches, handcuffing, ground control, and expert witness testimony. Pass/No Pass only.

Because this course is designed to provide practical hands on training in police tactics and weapon usage, participants in this course will engage in physically demanding classroom training exercises that include a risk of injury to the participants.

Upon completion of the course, all students will receive an ARC SRPSTC Certificate of Completion and a grade submitted for their college transcripts. Only in-service peace officers shall receive POST credit.

Important Note: Students are strongly encouraged to arrive on time in order to complete the registration process and avoid impeding instructional time. Late students who miss this process will not be allowed to attend the course.

ENROLLMENT LIMITATION:

Students must 1) be free of felony convictions; 2) possess a valid California Driver's License; 3) undergo a fingerprint and criminal history check; 4) be a minimum of 18 years of age; 5) be a United States high school graduate; pass the GED, pass the California High School Proficiency Examination, or have attained a two-year or four-year degree from an accredited college or university; and 6) complete a medical suitability examination.

PREREQUISITES:

Successful completion of Arrest & Control - Basic course AND show proof of completion the first day of the class. Those students who cannot show proof will not be allowed to participate.

MATERIALS NEEDED:

Gym clothes, notebook, pen, and non-marking gym shoes

COURSE DATES & LOCATION:

Please click on link below to see current course dates and locations.
<https://apps.arc.losrios.edu/SRPSTC/reports/calendarbymonth.asp>

HOURS:

8:00 a.m. – 5:00 p.m.

CREDIT:

One-quarter (0.25) unit through [American River College](#)

RESERVATIONS:

To confirm whether there are openings in a class, call 916-570-5000, fax 916-570-5023, or email srcjtc@arc.losrios.edu

Note: We no longer accept TBA / reservations without names

IMPORTANT:

****To register in a class: Everyone must complete a [Course Reservation and Payment Form](#) (On our website on the Forms page) and fax (916.570.5023) or scan/email it to this office at srcjtc@arc.losrios.edu***

Students are also required to complete the mandatory college enrollment process prior to the first day of class to ensure they are current in the college system.

***Mandatory College Enrollment procedure is outlined below:**

2023 TOTAL FEE: \$15.50*

\$11.50 Enrollment fee
\$2.00 Material fee
\$2.00 SRF fee

(No SRF fee for Summer courses)

** Students who have not established legal residence in CA are required to pay additional tuition and fees. Payment for non-resident tuition must be paid at the time of registration.*

All Fees Subject to Change



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ENROLLMENT: *Mandatory College Enrollment Instructions / to obtain your college Student ID# (SID#):

- a) Please click on the following link: http://www.losrios.edu/lrc/lrc_app.php
- b) Please click on "Apply to American River College"
- c) If you are new to the OpenCCC website, you will need to create an account. Please write down your username and password as you may need it in the future. If you are a returning user, please log in with your username and password
- d) Once you're done creating an account or signing in, click on "start a new application"
- e) This will take you to the application you need to complete in order to obtain your Student ID#
- f) Include the SID# on the Registration and Payment form.

IMPORTANT: Please be sure to fill out the date in the box that says "When did you start your present stay in California?" If you were born in California, please enter your date of birth. Leaving it blank on the application for admissions will automatically make you an out of state resident and you will be charged out of state tuition fees

**Save each page as you complete it so all of the information that you have entered
will be saved in case you are timed out
Student Identification number is required prior to registration*

CERTIFICATION: P.O.S.T. Plan II #2970-20895 and S.T.C. #218-51363 (Defensive Tactics Instructor-Update)