Eligible students are selected for the program according to the following steps:

- Current curriculum planning summary sheet within the
- A cumulative college GPA of 2.0 and a grade of “C” or
- Students with a high school diploma from a school outside

Enrollment Eligibility
To be eligible for enrollment in the program, the student must meet the following criteria:
- Graduation from an accredited high school in the United States, or successful completion of General Education Development (GED) or the California High School Proficiency Exam (CHSPE).
- Students with a high school diploma from a school outside the United States must have transcripts evaluated by an approved independent agency. Such cases will be evaluated on an individual basis.
- A cumulative college GPA of 2.0 and a grade of “C” or better in BIOL 102, or BIOL 430 and BIOL 431, or other college human anatomy and physiology course with a lab which includes all human systems; a grade of “C” or better in NURSE 320 or PMED 105.
- Current curriculum planning summary sheet within the semester in which the pre-enrollment packet is being submitted.
- Completion of the program application (pre-enrollment packet) and submittal prior to the deadline.

Enrollment Process
Eligible students are selected for the program according to the following steps:
- Pre-enrollment applications to the program may be obtained from the Health and Education Division office or at www.arc.losrios.edu/edhealth/paramed.html. Applications for Spring admission will be available by September and must be submitted to the division office no later than the first Friday in December by 4:00 p.m. Please refer to the Paramedic Information Sheet for the most current information.
- Only students who meet the educational requirements and follow the pre-enrollment procedures will be considered for the program. Meeting all of these requirements does not guarantee enrollment in the program.

Requirements for Degree Major or Certificate 36.5-43.5 Units

- BIOL 102 Introduction to Concepts of Human Anatomy and Physiology (4) ................................. 4 - 10
- or BIOL 430 Anatomy and Physiology (5)
- and BIOL 431 Anatomy and Physiology (5)
- PMED 105 Prehospital Calculations (0.5) .................. 0.5 - 1.5
- or NURSE 320 Medical Dosage Calculations (1.5)
- PMED 110 Introduction to Advanced Prehospital Care .................. 12
- PMED 120 Clinical Internship .............................................. 6
- PMED 130 Prehospital Field Internship ......................... 14

Associate Degree Requirements: The Paramedic Associate in Science (A.S.) Degree may be obtained by completion of the required program, plus general education requirements, plus sufficient electives to meet a 60-unit total. See ARC graduation requirements.

PMED 100 Emergency Medical Technician - Basic 5 Units

Same As: FT 200
Prerequisite: HEED 323 with a grade of “C” or better
Enrollment Limitation: Not open to students with a current EMT - Basic certificate.
Hours: 72 hours LEC; 72 hours LAB
This course is designed to provide instruction to the level of Emergency Medical Technician - Basic. Topics include skills necessary to provide emergency medical care at a basic life support level with a fire, ambulance, or other specialized service. This course is conducted in compliance with Title 22, Division 9, Chapter 2 of the California Code of Regulations and Emergency Medical Technician - Basic (EMT-I). A “C” or better is required for certification as Emergency Medical Technician - Basic. Field trips are required. This course may be taken four times for credit.

PMED 101 Pre-paramedic Emergency Medical Technician - Basic Skills .5 Units

Prerequisite: Current certification of Emergency Medical Technician - Basic (EMT-B).
Hours: 8 hours LEC; 16 hours LAB
This course is designed for the Emergency Medical Technician - Basic (EMT-B) to review a variety of emergency field skills in preparation to begin a field internship. It also includes a selected number of EMT-B skills used as part of the skills competency requirement by the National Registry of Emergency Medical Technicians. This course may be taken four times. Credit/No Credit Only.
PMED 102 Emergency Medical Technician - Basic, Prehospital Field Internship 5 Units
Prerequisite: PMED 101.
Advisory: ENGWR 102 or ENGWR 103 and ENGRD 116, or ESLR 320, and ESLW 320; MATH 32.
Hours: 18 hours LEC, 216 hours LAB
This course is an internship that provides opportunities to refine hands-on basic life support skills in the pre-hospital setting. This internship is in preparation for application to the American River College, Paramedic Education Program.

PMED 105 Prehospital Calculations .5 Units
Prerequisite: Current certification as an EMT-basic in the state of California, as required by Title 22.
Advisory: MATH 32.
Hours: 9 hours LEC.
This course provides basic instruction in calculating medication dosages in the pre-hospital setting.

PMED 110 Introduction to Advanced Prehospital Care 12 Units
Prerequisite: Acceptance into the Paramedic Program.
Hours: 144 hours LEC, 216 hours LAB
This course contains the didactic material and the related skills necessary to establish a foundation for subsequent prehospital assessment and management. Topics include anatomy and physiology, pharmacology, intravenous therapy, basic and advanced life support, electrocardiography, medical/surgical, pediatric, obstetrics, and psychiatric/geriatric problems. Crisis intervention, strategies, and medical legal concepts are also discussed.

PMED 111 Advanced Prehospital Care: Preparatory and Airway Management 4.5 Units
Enrollment Limitation: Acceptance into the Paramedic Program.
Hours: 54 hours LEC, 81 hours LAB
This course contains the initial didactic material and related skills necessary to establish a foundation for subsequent prehospital assessment and management. Topics include anatomy and physiology, pharmacology, intravenous therapy, basic and advanced airway control techniques and respiratory emergency management. The completion of PMED 111, PMED 112 and PMED 113 is equivalent to PMED 110. This course is not available to those who have completed PMED 110.

PMED 112 Advanced Prehospital Care: General Medical Emergencies 2.5 Units
Prerequisite: PMED 111 (Advanced Prehospital Care-Preparatory and Airway Management) with a "B" or better.
Hours: 27 hours LEC, 54 hours LAB
This course contains the didactic material and the related skills necessary to assess and properly manage prehospital patients with medical complaints. Topics include respiratory and cardiac pathologies. The completion of PMED 111, PMED 112 and PMED 113 is equivalent to PMED 110. This course is not available to those who have completed PMED 110.

PMED 113 Advanced Prehospital Care: Trauma and Pediatric Care 5 Units
Prerequisite: PMED 112 (Advanced Prehospital Care-General Medical Emergencies) with a “B” or better.
Hours: 63 hours LEC, 81 hours LAB
This course contains the didactic materials and related skills necessary to assess and manage prehospital trauma and pediatric patients. Topics include pediatrics and obstetrics, kinematics of trauma, soft-tissue injuries, toxicology, substance abuse and advanced ambulance operations. The completion of PMED 111, PMED 112 and PMED 113 is equivalent to PMED 110. This course is not available to those who have completed PMED 110.

PMED 120 Clinical Internship 6 Units
Prerequisite: PMED 110, with a grade of “C” or better; current Emergency Medical Technician I certification.
Hours: 36 hours LEC, 216 hours LAB
This course is designed to provide an opportunity to apply the cognitive knowledge and skills gained in the Paramedicine course to patient care in a hospital setting. This course provides for increasing assessment techniques and advanced skills.

PMED 130 Prehospital Field Internship 14 Units
Prerequisite: PMED 120 with a grade of “C” or better.
Enrollment Limitation: Current EMT-Basic(I) certification. After enrollment, all students are required to successfully complete a background check prior to starting a field internship assignment.
Hours: 54 hours LEC, 600 hours LAB
Under the direct supervision and evaluation of a licensed paramedic or a mobile intensive care nurse, the intern completes a prehospital field experience. This internship provides the paramedic student with hands-on prehospital experience and is the final course in the series preparing the for a California paramedic license.

PMED 140 Pediatric Advanced Life Support Certification (PALS) .5 Units
Prerequisite: Current Provider C Basic Cardiac Life Support card or county-approved equivalent certificate. Current licensure as a paramedic, nurse, physician, allied health professional or current enrollment in the last semester of an allied health program.
Hours: 6 hours LEC, 12 hours LAB
This course provides education modules for health care professionals specific to pediatric emergencies. Certification in pediatric advanced life support is granted to students who successfully complete the course. This course may be taken four times.

PMED 142 Advanced Cardiac Life Support Certification .5 Units
Prerequisite: Current Provider C Basic Cardiac Life Support Card or equivalent licensure as a paramedic, nurse, physician, allied health professional or current enrollment in an Allied Health program.
Hours: 6 hours LEC, 12 hours LAB
This course provides education modules for health care professionals specific to pediatric emergencies. Certification in advanced cardiac life support is granted to students who successfully complete the course. This course may be taken four times.

PMED 160 Introductory Wilderness Medicine 2 Units
Prerequisite: Current certification in provider level Cardiopulmonary Resuscitation.
Advisory: Basic First Aid.
Hours: 27 hours LEC, 27 hours LAB
This course provides the didactic material and related skills necessary to establish a foundation of medical care in the wilderness setting. Anatomy and physiology, care of traumatic injuries, patient assessment, environment injuries, medical emergencies, and common simple wilderness medical problems are included. Additionally, basic wilderness survival for the initial responder, and selecting and caring for wilderness medical equipment and supplies will be covered. This course emphasizes improvised care options, and long term care in field settings.

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P MED 161 Advanced Wilderness Medicine  2 Units
Prerequisite: PMED 160 or EMT, or other health care provider such as nurse or doctor.
Hours: 27 hours LEC; 27 hours LAB
This course allows the student to gain an advanced level of medical care in the wilderness setting. Anatomy and physiology, improvised airway control, principles of musculoskeletal care, integration of field, synthesis of wilderness medicine and urban care, and common simple wilderness medical problems are included. Additionally, basic wilderness survival for the wilderness responder, and selecting and caring for wilderness medical equipment and supplies will be covered. This course emphasizes improvised care options, and long term care in remote field settings.

P MED 165 EMS Search and Technical Rescue  2 Units
Hours: 27 hours LEC; 27 hours LAB
This course provides the student with a foundation in several technical rescue disciplines. Practical applications of water rescue, low angle and high angle rescue, and urban search and rescue are covered. Additionally, basic survival skills in rescue environments for the EMT/Paramedic, and selecting and caring for rescue equipment and supplies will be covered. This course emphasizes scenario-based learning in safely assessing, managing and pre-planning for the technical rescue environment.

P MED 240 Pediatric Advanced Life Support-Recertification  0.5 Units
Enrollment Limitation: Current American Heart Association Pediatric Advanced Life Support Provider Card or county approved equivalent certificate.
Hours: 8 hours LEC; 3 hours LAB
This course provides specific pediatric modules for health care professionals. It provides recertification according to the American Heart Association’s Pediatric Advanced Life Support standards and guidelines. This course may be taken four times.

P MED 242 Advanced Cardiac Life Support-Recertification  0.5 Units
Enrollment Limitation: Current American Heart Association Advanced Cardiac Life Support Provider Card or county approved equivalent certificate.
Hours: 8 hours LEC; 3 hours LAB
This course provides education modules specific for adult cardiac emergencies for health care professionals. It provides recertification according to the American Heart Association’s Advanced Cardiac Life Support standards and guidelines. This course may be taken four times.

P MED 295 Independent Studies in Paramedic 1-3 Units
Hours: 54 hours LEC

P MED 1000 Emergency Medical Technician - Basic: Refresher  1.5 Units
Enrollment Limitation: Current certification as an Emergency Medical Technician - Basic
Hours: 23 hours LEC; 12 hours LAB
This course provides continuing education and skills verification modules for current Emergency Medical Technicians (EMTs) certified at the Basic Life Support (BLS) level. It satisfies most of the refresher requirements of local, state and national Emergency Medical Services (EMS) certifying organizations. EMS related topics include airway management and ventilation, cardiac care and resuscitation, patient assessment, injury management, legal and ethical issues, vital signs monitoring and assisting with medication administration. This course does not provide preparation for the National Registry of Emergency Medical Technicians (NREMT) entry or recertification exam. This course may be taken four times. Credit/No Credit only.