

Psychology

Degree: A.A. - Social Science

Area: Behavioral & Social Sciences

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Psychology focuses on the study of behavior of humans and other animals. It involves both pure science and the practical application of science to matters of everyday life. Students pursuing psychology as a field of study will find many career options centering on helping others understand, predict, and deal with their own behavior and the behavior of others.

Social Science

Requirements for Degree Major

18 units of transfer-level work in addition to other graduation requirements.

Courses taken must be in at least four of the following areas: Anthropology, Economics, Geography, History, Philosophy, Political Science, Psychology (except PSYC 335), and Sociology.

PSYC 300 General Principles 3 Units

Formerly: PSYC 1

Prerequisite: None

Advisory: ENGWR 102 or ENGWR 103, ENGRD 116 or ESLR 320, ESLW 320, or placement through assessment.

Course Transferable to UC/CSU

Hours: 54 hours LEC

For psychology majors, behavioral science majors and other students who desire a broad overview of general principles. Topics include the scientific method, statistics, biological determinants and general processes of behavior such as development, learning, verbal behavior, intelligence, perception, motivation, emotion, personality and mental health. See PSYC 305 for alternative course. (CAN PSY 2) AA/AS area C2; CSU area D3; IGETC area 4.

PSYC 305 Applied Psychological Principles 3 Units

Formerly: PSYC 20

Prerequisite: None

Advisory: ENGWR 102 or 103, and ENGRD 116 or ESLR 320, ESLW 320, or placement through assessment process.

Course Transferable to UC/CSU

Hours: 54 hours LEC

This course explores human behavior emphasizing the practical and adjustive aspects of psychology in everyday life. Topics include: development, personal growth and adjustment over the life span, emotions, stress, adjustment, behavior disorder, personality, attitudes, values and interpersonal relations. AA/AS area C2; CSU area D3; IGETC area 4.

PSYC 310 Biological Psychology 3 Units

Formerly: PSYC 2

Prerequisite: PSYC 300 with a grade of "C" or better.

Course Transferable to UC/CSU

Hours: 54 hours LEC

This course is an analysis and description of the physiological determinants of behavior. Content includes the brain and nervous system, central system pathologies, endocrine function and the biochemistry of mental disease. A basic course for psychology, medical and biological science majors. (CAN PSY 10) AA/AS area A; CSU area B2; IGETC area 5.

PSYC 311 Biological Psychology Laboratory 1 Unit

Formerly: PSYC 8

Prerequisite: None

Corequisite: PSYCH 310.

Course Transferable to UC/CSU

Hours: 54 hours LAB

This course is a study of the methods and techniques used to investigate sensation, perception, psychophysics, and biological psychology. Topics include: the organization of the brain, anatomy and physiology of the neuron, methods and an examination of sensory systems. AA/AS area A; CSU area B2; IGETC area 5.

PSYC 320 Social Psychology 3 Units

Formerly: PSYC 3

Prerequisite: PSYC 300 with a grade of "C" or better.

Course Transferable to UC/CSU

Hours: 54 hours LEC

This course encompasses a study of human interaction with a focus on individual personality within a social context. It includes topics of social perception, social cognition, gender roles, interpersonal attraction, attitude change, conformity, prejudice, aggression, altruism, and cooperative behavior. AA/AS area C2; CSU area D3; IGETC area 4.

PSYC 330 Introductory Statistics for the Behavioral Sciences 3 Units

Formerly: PSYC 5

Prerequisite: PSYC 300 with a grade of "C" or better;

MATH 120.

Course Transferable to UC/CSU

Hours: 54 hours LEC

This course focuses upon the concepts and application of descriptive and inferential statistics in psychology and other behavioral sciences. Topics include hypothesis testing, correlation, chi-square, and analysis of variance procedures. (CAN PSY 6) AA/AS area D2; CSU area B3.

PSYC 335 Research Methods in Psychology 3 Units

Formerly: PSYC 4

Prerequisite: PSYC 300.

Corequisite: PSYC 330 or STAT 301.

Course Transferable to UC/CSU

Hours: 36 hours LEC; 54 hours LAB

This course covers the planning and execution of research studies in the behavioral sciences. Crucial topics include hypothesis formation, review of professional literature, research design, collection of data, statistical analysis and scientific report writing. (CAN PSY 8)

PSYC 340 Abnormal Behavior 3 Units

Formerly: PSYC 15

Prerequisite: PSYC 300 or 305 with a grade of "C" or better.

Advisory: ENGWR 102 or 103, and ENGRD 116 or ESLR 320, ESLW 320, or placement through assessment process.

Course Transferable to UC/CSU

Hours: 54 hours LEC

This course is an exploration of the broad questions of normality and abnormality. Investigation of specific mental, emotional and behavioral difficulties and current approaches to psychological intervention including present community mental health practices. Considers the contribution of social, biological and psychological factors to the development and persistence of behavior disorders. AA/AS area E2; CSU area E1; IGETC area 4.

PSYC 342 Behavior Modification: Theory and Application 3 Units

Formerly: PSYC 32

Prerequisite: PSYC 300 or 305.

Course Transferable to CSU

Hours: 54 hours LEC

This course reviews methods of changing behavior through the systematic application of learning principles. It examines the philosophical and research foundations for behavioral psychology as well as the controversy surrounding behaviorism. The emphasis is on practical applications including institutional settings, schools, child behavior management, smoking, alcohol abuse, sexual dysfunction, assertiveness and cognitive restructuring. AA/AS area E2; CSU area E1

PSYC 354 Marriage, The Family and Alternatives 3 Units

Formerly: PSYC 24

Prerequisite: None

Advisory: ENGWR 102 or 103, and ENGRD 116 or ESLR 320, ESLW 320, or placement through assessment process.

Course Transferable to CSU

Hours: 54 hours LEC

This course is a study of marriage, the family and alternatives from historical, sociological and psychological viewpoints. Topics will include the structure and functions of the family, childrearing, gender roles, mate selection, the sexual revolution, conflict crisis, divorce, and alternatives to traditional marriage. (CAN FCS 12) AA/AS area E2; CSU area E1

PSYC 356 Human Sexuality 3 Units

Formerly: PSYC 25

Prerequisite: None

Advisory: ENGWR 102 or 103, and ENGRD 116 or ESLR 320, ESLW 320, or placement through assessment process.

Course Transferable to UC/CSU

Hours: 54 hours LEC

This course is a study about human sexual behavior from birth through adulthood. Historical, religious, cultural, psychological, physiological, sociological and legal points of view are considered and explored. AA/AS area E2; CSU area E1

358 Principles of Interpersonal Relations 3 Units

Prerequisite: None

Advisory: ENGWR 102 or 103, and ENGRD 116 with a grade of "C" or better; or else ESLR 320 and ESLW 320 with a grade of "C" or better; or placement through assessment process.

Course Transferable to CSU

Hours: 54 hours LEC

Description: This course is an introduction to the principles involved in effective interpersonal relationships. Topics will include interpersonal feedback, self-disclosure, listening, the role of emotions, conflict resolution, personal values, and self-awareness. Emphasis is on methods to enhance relationships at home, work, and school.

PSYC 361 Psychology of Women in a Multicultural Society 3 Units

Formerly: PSYC 16

Prerequisite: None

Advisory: ENGWR 102 or 103, and ENGRD 116 or ESLR 320, ESLW 320, or placement through assessment process.

Course Transferable to UC/CSU

Hours: 54 hours LEC

This course is a study of the psychological effects of society upon women. Emphasis will be on the exploration of sociocultural, gender-role, sex-role, stereotyping, and intrapersonal and interpersonal factors in the development of women. AA/AS areas, C2 & F; CSU area D3.

PSYC 365 Issues of Diverse Populations (Same as Human Services 330) 3 Units

Formerly: PSYC 19

Prerequisite: None

Advisory: ENGWR 102 or 103, and ENGRD 116 or ESLR 320, ESLW 320, or placement through assessment process.

Course Transferable to CSU

Hours: 54 hours LEC

This course is a study of the values, problems, issues, concerns and counseling needs of special population groups including the elderly, African Americans, Hispanics, Asians, Native Americans, homosexuals, the poor and terminally ill. It also includes the nature and extent of chemical dependency and other addictive behaviors. Not open to students who have completed Human Services 19. AA/AS area C2 & F; CSU area E1.

PSYC 370 Human Development: A Life Span 3 Units

Formerly: PSYC 18

Prerequisite: None

Advisory: ENGWR 102 or 103, and ENGRD 116 or ESLR 320, ESLW 320, or placement through assessment process.

Course Transferable to UC/CSU

Hours: 54 hours LEC

This course examines human development across the lifespan, from conception through death, by focusing on development from the perspectives of physiology, cognition, and psychology along with the interaction among these three domains. Seeing development as an on-going process and the practical application of this knowledge are emphasized. This course is designed as a foundation for careers in educational, social, psychological, and medical fields as well as providing a better understanding of one's own developmental process. AA/AS area C2 or E2; CSU area D3 or E1.

PSYC 372 Child Development (Same as Early Childhood Education 312) 3 Units

Formerly: PSYC 34

Prerequisite: None

Advisory: ENGWR 102 or 103, and ENGRD 116 or ESLR 320, ESLW 320, or placement through assessment process.

Course Transferable to UC/CSU

Hours: 54 hours LEC

This course is a study of the growth and development of children from the prenatal stage through adolescence. For each stage of development, students learn about the physical, cognitive, linguistic, social-moral, and emotional

aspects of development, with attention to both typical as well as atypical development in each area. Included are the influences of culture, family and the environment. This material is designed as a foundation for careers in childcare, teaching and nursing as well as parenting and preparing general students interested in child development. Not open to students who have completed Early Childhood Education 34. (CAN FCS 14) AA/AS area C2; CSU area D3; IGETC area 4.

PSYC 374 Psychology of Aging: Adult Development and Aging 3 Units

Formerly: PSYC 26

Prerequisite: None

Advisory: ENGWR 102 or 103, and ENGRD 116 or ESLR 320, ESLW 320, or placement through assessment process.

Course Transferable to CSU

Hours: 54 hours LEC

This course covers the physical, psychological, and social aspects of the aging process including the interactions between the elderly and the rest of society. Topics include an analysis of stereotypes, social bonds, environmental factors, sexuality, physical health, mental health, death, and bereavement. Not open to students who have completed Gerontology 26. AA/AS area C2; CSU area E1

PSYC 380 Work and Human Behavior 3 Units

Formerly: PSYC 12

Prerequisite: None

Advisory: ENGWR 102 or 103, and ENGRD 116 or ESLR 320, ESLW 320, or placement through assessment process.

Course Transferable to CSU

Hours: 54 hours LEC

This course covers the principles of psychology applied to the workplace. Topics include self and job appraisal, assertiveness, stress management, communication skills and other factors pertinent to being a successful employee.

PSYC 390 Psychology of Death and Dying 3 Units

Formerly: PSYC 9

Prerequisite: None

Advisory: ENGWR 102 or 103, and ENGRD 116 or ESLR 320, ESLW 320, or placement through assessment process.

Course Transferable to CSU

Hours: 54 hours LEC

This course involves an investigation of beliefs, attitudes, anxieties, and behaviors associated with dying and death. Included will be information relevant to suicide, life-threatening illnesses, bereavement, euthanasia and various philosophical views on the phenomenon of death. AA/AS area E2; CSU area E1.

PSYC 400 Introduction to Chemical Dependency (Same as Human Services 340) 3 Units

Formerly: PSYC 35

Prerequisite: None

Advisory: ENGWR 102 or 103, and ENGRD 116 or ESLR 320, ESLW 320, or placement through assessment process.

Course Transferable to CSU

Hours: 54 hours LEC

This course is a survey that examines the physiological effects of chemical dependency on the individual. Included is an analysis of the effects of substance abuse on the family; the sociological, economic conditions contributing to substance abuse; and a description of community efforts at prevention and treatment. (Not open to students who have completed Human Services 35). AA/AS area E2; CSU area E1.

PSYC 401 Physiology and Pharmacology: Alcohol and Other Drugs (Same as Human Services 341) 3 Units

Formerly: PSYC 36

Prerequisite: HSER 340/PSYC 400 with a grade of "C" or better.

Course Transferable to CSU

Hours: 54 hours LEC

This course is a study of the chemical composition of alcohol and the mechanism of action in the body of alcohol and other psychoactive drugs, including opiates, stimulants, depressants, psychotherapeutics, and psychedelics. Also included are the social and psychological implication of tolerance, habituation, and substance abuse of the user and abuser. Not open to students who have completed HSER 341.

PSYC 402 Alcoholism: Intervention, Treatment and Recovery (Same as Human Services 342) 3 Units

Formerly: PSYC 37

Prerequisite: HSER 341/PSYC 401 with a grade of "C" or better.

Course Transferable to CSU

Hours: 54 hours LEC

This course is a study of techniques used in the treatment of chemical dependency and an evaluation of intervention, individual and group counseling, detoxification, twelve step program, therapeutic communities, and aftercare programs. Not open to students who have completed HSER 342.

PSYC 480 Honors General Principles 3 Units

Formerly: PSYC 1H

Prerequisite: 3.0 or better cumulative GPA; ENGWR 300 or 480 with a grade of "C" or better; and eligibility for ENGRD 310.

Course Transferable to UC/CSU

Hours: 54 hours LEC

This course is for psychology majors, behavioral science majors and other students who desire a challenging, critical thinking and issues oriented introduction to general principles. Topics include the scientific method, statistics, biological determinants and general processes of behavior such as development, learning, verbal behavior, intelligence, perception, motivation, emotion, personality and mental health. Using a seminar style, the focus will be on encouraging thorough analysis and evaluation of psychological theories and research studies as they relate to practical, everyday issues. AA/AS area C2; IGETC area 4.